1: A note from a MD/OD is required in order for a player to return to play (after being removed from the game for symptoms of a concussion)
   A: True
   B: False

2: Prior to the contest, the crew is required to ask the coach, "Does your team have a healthcare professional authorized in concussion management?"
   A: True
   B: False

3: In the pregame coaches conference the head coach states that their team does not have a healthcare professional. Player A 22 is showing symptoms of having a concussion. The player is sent out for a play, the head coach examines him and determines that he does not have a concussion. A22 is allowed to return to playing in the game.
   A: Correct
   B: Incorrect

4: The WIAA Mercy Rule begins when a 40-point differential is reached in the second half, except for games played at what level:
   A: 4A
   B: 2A
   C: 1B
   D: 1A
   E: 2B

5: The score is 39 to 0 at halftime in a B-8 game with Team R ahead. Team R takes the opening kickoff and runs it back for a touchdown. During the return Team K is flagged for grasping the facemask on the runner at the 50 yard line. If team R wants to keep the touchdown:
   A: Team R's ball on the 35 following acceptance of the penalty—no score.
   B: Game is over as this puts Team R ahead by 45 points in the second half in 8 man football
   C: The 40-Point Rule is in effect and there will be a running clock for the remainder of the second half.
   D: The 40-Point Rule is in effect and there will be a running clock for the remainder of the second half unless Team R closes the scoring gap to less than 40 points in which case the clock will return to normal timing rules.
6: Before the snap the Referee notices that the lower back pad of running back A1 is hanging outside of the player's jersey.

A: 5 yard penalty on A for delay of game, failure to properly wear legal or required equipment when the ball is about to become live, dead ball foul.
B: The Referee should blow his whistle to keep the ball from becoming live and have the player fix his jersey to cover all the pads.
C: No problem.
D: 5 yard penalty on A1 once the ball is snapped, live ball foul.

Rule 1-5-1b(1)

7: Which of the following is illegal for use?

A: Five interior offensive lineman wearing 4" by 12" white towels
B: A1 is wearing a pink mouthpiece.
C: QB A1 is wearing a padded game card on his belt
D: Split End A2 has a slightly tinted face shield which allows you to see his eyes and he has a doctor's note to wear such a shield.
E: Both C and D are illegal

Rule 1-5-3-c-4-(b); 1-5-3-c-8

8: Post Scrimmage Kick enforcement can occur on a field goal attempt.

A: True
B: False

Rule 2-16-2h

9: A kick will ALWAYS ends as soon as any player secures possession.

A: True
B: False

Rule 2-24-2

10: Eligible A1, outside the free blocking zone, blocks B1. A1’s initial contact is with B1’s hands which are above the waist; but then contacts B1’s knees. This is an illegal block.

A: True
B: False

Rule 2-3-7

11: A1 is tackled inbounds by the facemask with 10 seconds remaining in the third quarter. After the penalty enforcement, the clock starts on the ready for play and time expires before team A can snap the ball. The period is not extended with an untimed down.

A: True
B: False

Rule 3-3-3
12: Near the end of the third period, it is 3rd and 5 for A from B’s 45 yard line. A1 advances to B’s 42 and during the run there is holding by B1. The penalty is accepted. Because the penalty was the only reason for the clock to be stopped, it is started with the ready-for-play signal and the period ends before A snaps the ball.

A: Correct, next play will be at the start of the fourth quarter
B: Incorrect, there must be an untimed down and the quarter will be extended
C: The Referee should notify the captain of A that they must get the play off before the clock expires
D: A and C

Rule 3-3-3-a

13: During a down in which time expired to end a quarter, there is an unsportsmanlike penalty.

A: Extend the period for an untimed down
B: No untimed down—quarter ends
C: Untimed down if the penalty is on the defense.

Rule 3-3-3; 3-3-4

14: If a dead ball foul by either team occurs after time expires for any half, it is penalized from the succeeding spot on the kickoff or overtime.

A: True
B: False

Rule 3-3-6

15: Team A is trailing 17 to 16, with one-minute left in the game they throw an incomplete pass on first down. They throw another incomplete pass on second down and there’s holding on the play by an offensive lineman. Team B accepts the penalty and elects to have the clock start on the ready.

A: Correct enforcement
B: Incorrect enforcement, clock should start on the snap

Rule 3-4-7

16: Team A trails with less than two minutes left in the game. They come to the line of scrimmage for a second down play, clock is running. As the QB begins his cadence, a Team B lineman jumps into the neutral zone. Team A elects to have the clock start on the snap after the penalty is enforced.

A: Correct enforcement
B: Incorrect enforcement, clock should start on the ready

Rule 3-4-7

17: The umpire stops the game when he notices A56 is bleeding on his arm. Team A then calls a timeout. During the timeout A56 receives medical attention, his bleeding is stopped and the wound is covered.

A: A56 may legally enter the game after the timeout
B: A56 must remain out of the game for one play

Rule 3-5-10
18: B1 lost his helmet during the previous down and was removed for one play. During the next down, there is an accepted penalty and the down is repeated. B1 can return to participate for the replay of the down.

A: True
B: False

Rule 3-5-10d

19: 3rd and goal from the Team B 15 yardline. K1 has one knee on the ground at the at Team B’s 22 yardline to hold for an apparent field-goal attempt. He catches the snap and, without rising flips, the ball to K2 who runs for a touch down.

A: Touchdown, The ball remains live under the 4-2-2-exception.
B: Ball become dead when K1 flip the ball to K2 without first rising fourth down for K at the Team B 15 yard line.
C: Ball becomes dead when K1 flips the ball to K2 without first rising. Fourth down for K at Team B’s 22 yard line.
D: Touchback Team B’s ball first and ten at Team B’s 20 twenty yardline.

Rule 4-2-2 Exception

20: If a pop-up Free Kick penalty is declined by R...

A: It is a dead ball penalty and the ball is rekicked.
B: The ball is put in play where the run ended.
C: The ball is put in play where the run ended plus 5 yards
D: The penalty cannot be declined.

Rule 6-1-11

21: In free kick formation the player who normally is the kicker is more than five yards behind the free-kick line. In an attempt to deceive the receiving team another player kicks the ball after the ready for play whistle is blown (the normal kicker stayed over 5 yards back to help with the deception).

A: Foul for having a non-kicker more than five yards behind the free-kick line
B: No foul as the normal kicker was in the proper position—good deception
C: Foul for having a different player than the normal kicker actually kick the ball

Rule 6-1-3b

22: At the time of a free kick, there are only three K players to the left of the kicker.

A: Encroachment. Live-ball foul.
B: Illegal Procedure. Live-ball foul.
C: Encroachment. Dead-ball foul.
D: Illegal Procedure. Dead-ball foul.

Rule 6-1-4
23: K kicks off from K’s 40. K1 touches the ball at K’s 44. K2 blocks R1 at K’s 46 prior to any blocks by R. After K2’s block, R’s initial contact with the ball is at K’s 49 where R2 recovers the ball.

A: First touching by K at K’s 44
B: K2’s block is illegal
C: K is penalized for illegal block, 10 yards rather than 15
D: If R accepts the penalty, the ball will be re-kicked from K’s 30
E: All of the above

Rule 6-1-6; 9-3-8

24: R1 signals for a fair catch while the kick is in the air, but the ball lands five-yards in front of him. As R1 moves to recover the rolling kick he is blocked in front above the waist without excessive force.

A: No foul protection ends when the kick struck the ground.
B: Kick-catch interference foul.
C: Awarded fair catch at the spot of the block
D: 15-yards from the previous spot

Rule 6-5-3

25: K1 Punts. R2 realizing the kick is shorter than expected runs forward to catch the kick. R2 has to run around K3 in order to catch the kick.

A: K3 has committed a kick-catch interference foul, which will be enforced from the previous spot.
B: K3 has committed a kick-catch interference foul, which will be enforced from the spot of the foul.
C: K3 has committed a kick-catch interference foul. The enforcement will be either 15-yards from the previous spot and replay the down or an awarded fair-catch after enforcement of a 15-yard penalty at the spot of the foul. R can also accept the result of the play.
D: No foul there has to be contact for a kick-catch interference foul.

Rule 6-5-6 Penalty

26: Third and 10 on Team A’s 25 yardline. Team A players are in their offensive huddle, except for A1 who is standing outside the 9-yard marks near his team’s sideline, conversing with the coach. The referee blows the ball ready. After the coach gives A1 the next play he stays outside the 9-yard marks and he signals the play to his team in the huddle.

A: No foul because the defense was not deceived.
B: No foul because A1 participated in the previous play.
C: Live ball foul at the snap for an illegal formation.
D: Dead ball foul.

Rule 7-2-1

27: A4 is the 8th man on the line of scrimmage as a tight end. Before the snap A4 goes in motion into team A’s backfield. The ball is snapped with A4 3-yards from the line of scrimmage, having never stopped his motion. A2 runs for a ten yard gain.

A: Dead ball foul kill the play.
B: Legal play, no foul
C: Live ball foul, enforced from the end of the run.
D: Live ball foul, enforced from the previous spot.

Rule 7-2-7
28: 1st and 10 on A’s 15, QB A1 has to scramble out of the pocket, runs to A’s 19 where he throws a pass to end A2 who catches the ball at A’s 48, runs to B’s 14 where A2 stiff arms B1 and runs into the end zone for a Touchdown.

A: Touchdown for A, Try on B’s 3
B: Touchdown for A, Try on B’s 18
C: No Touchdown, A 1st and 11.
D: No Touchdown, A 2nd and 11

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29: As a legal forward pass is in flight to A2, B1 puts his hands in the air in front of A2’s face. B1 does not contact A2. B1 is (a) not looking back at the ball, or (b) is looking back at the ball.

A: Pass interference on B1 in (a) but not in (b)
B: Pass interference on B1 in both (a) & (b)
C: No pass interference in either case

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30: 3rd and 20 from A’s 15. A shifts into a scrimmage kick formation where A2 is 10 yards behind the center (A55) to receive the snap. The linemen are numbered A80, A72, A1, A55, A64, A73, A91.

A: This is a legal formation due to the scrimmage kick exception.
B: This is an illegal numbering foul at the snap.

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31: On a passing play, eligible A1, near the sidelines beyond the neutral zone, jumps in the air and controls the ball at B’s 40. B2 forcibly contacts A1 in the air, driving him backwards and out of bounds at B’s 42.

A: Incomplete pass
B: Complete pass if, in the official’s judgment, A1 would have completed the pass in bounds.
C: Because B2 drove A1 backward, it is a complete pass with forward progress given at B’s 40.
D: Both b and c are correct

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32: 2nd and 5 at A’s 20. At the snap A is flagged for an illegal formation. A1’s pass is intercepted by B1 who runs for a touchdown.

A: A’s illegal formation foul can only be enforced on the try
B: A’s illegal formation foul can be enforced either on the try or the succeeding kickoff
C: B must decline A’s foul in order to score the touchdown
D: Because A’s foul is a dead ball foul, the play should have been blown dead

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33: B1 intercepts a 25-yard pass from A1. During the runback by B1, A1 is focused on B1 coming towards him. B2 contacts A1 in the side above the waist with (a) open hands, or (b) forcefully with his forearm and shoulder, or (c) bumps him with his shoulder to knock A1 off balance.

A: Legal contact in (a), (b) & (c)
B: Legal contact in (a) & (c) but illegal blindside block in (b)
C: Illegal blindside block in (a), (b) & (c)
D: Illegal contact against a defenseless player in both (a), (b) & (c)

Rule 9-4-3n; 2-3-10

34: A1 is lined up under center. After the snap A1 hands-off to A2 who runs forward between the center and right guard. Prior to the snap, flanker A3 who is lined up outside the free blocking zone, goes legally in motion back toward the snapper and blocks lineman B1 forcefully from the side with (a) open hands, or (b) with his shoulder. The block occurred in the free blocking zone.

A: Legal block in both (a) & (b)
B: Legal block in (a) and illegal blindside block in (b)
C: Illegal blindside block in both (a) & (b)

Rule 9-4-3n; 2-3-10

35: B1 is in pursuit of ball carrier A1. B2 is in position to make a tackle in front of A1 when A2 contacts B2 forcefully in the back above the waist. A2’s initial contact was (a) with open hands, or (b) was with his shoulder and forearm.

A: Legal block in (a), illegal block in the back in (b)
B: Legal block in (a), illegal blindside block in (b)
C: Illegal blindside block in both (a) & (b)
D: Illegal block in the back in (a), Illegal blindside block in (b)

Rule 9-4-3n; 9-3-5; 2-3-10

36: After the ready to play signal, A1 is in shotgun position to take the snap from A2. After a few seconds A1 walks over to his sideline and starts talking to his coach. While they are talking A2 snaps the ball to back A3 who throws a touchdown pass to A4.

A: Legal play.
B: Unsportsmanlike conduct prior to the snap, dead ball foul.
C: Illegal formation at the snap, live ball foul.
D: Illegal participation if A1 participates in the play, live ball foul.

Rule 9-10-5

37: Flanker A4, who started 3 yards behind the line of scrimmage, moves forward 5 yards after the snap and then makes a 90 degree turn and goes toward the sideline in what is clearly a pass route. Middle Linebacker B7 takes 3 steps to his left and chucks him as he comes across knocking him off his pass route before the ball is thrown.

A: This is legal contact because it occurred in the five-yard Free Contact Zone.
B: This is defensive pass interference
C: This is defensive illegal use of hands
D: This is offensive ineligible receiver downfield on pass

Rule 9-2-3d
38: Split end A8 lines up outside the numbers for a 2nd and 8 play. At the snap, he moves straight
downfield 5 yards and then starts a slant route across the middle of the field. Defensive corner B23
comes forward 10 yards and shoves A8 as he moves across the field, knocking him off of his route.
The QB is sacked for a 7-yard loss.

A: This is legal contact
B: This is defensive pass interference
C: This is defensive illegal use of hands
D: This is offensive pass interference

Rule 9-2-3d

39: Linebacker B1 is in the free-blocking zone. A2 who is on the line of scrimmage and in the free-
blocking zone when the ball is snapped blocks B1 below the waist from behind. Both players were in
the free-blocking zone at the time of contact and the ball was still in the zone

A: Clipping and a 15 yard penalty is assessed from the basic spot
B: Legal since both players and the ball were in the free-blocking zone when contact occurred
C: Player warning
D: Ten yard penalty for an illegal block

Rule 9-3-6

40: During the free kick to start the second half K1 initiates contact against R1 prior to the ball traveling
past the receiving team’s restraining line (10 yards). Prior to K1’s block, R1 had blocked K2.

A: K1’s block is a foul
B: R1’s block is a foul
C: No Foul, R1’s block makes K1’s block not a foul.
D: Double fouls, offset.

Rule 9-3-8-c

41: As B1 attempts to make a tackle, runner A1 uses his hand to push the helmet of B1 in a “stiff arm”
maneuver. This is a penalty for targeting.

A: True
B: False

Rule 9-4-3

42: During live action running play, an official notices A1’s mouthpiece is out of his mouth. B1 grabs A1’s
extended mouthpiece and pulls the runner down by grasping the mouthpiece.

A: Double foul
B: 15 yard penalty on B1
C: 5 yard penalty on B1
D: No foul on either team for it is not known how A1 lost his mouthpiece

Rule 9-4-3-h
43: A1 gains five yards, and while being tackled, B2 grabs A1’s face mask causing A1’s helmet to come off. While leading the blocking, A2’s helmet also comes off.
   A: 15 yard penalty against B for personal foul/face mask
   B: A2 must leave the game for one play.
   C: Both A1 and A2 must leave the game for one play.
   D: Both a and b are correct
   E: Both a and c are correct

44: A1 is running in the open field. B1 grabs A1 by the inside of the collar at the shoulder pads and pulls A1 sideways and out of bounds while completing the tackle and taking runner to the ground.
   A: No foul because the tackle was completed out of bounds
   B: 15 yard penalty for an illegal horse collar tackle
   C: No foul because A1 was pulled to the side and not backwards bending his knees
   D: Both a and c are correct

45: B1 is attempting to tackle the quarterback who has dropped back to throw a pass. He lunges at the quarterback and commits an illegal helmet contact foul by hitting the quarterback with his helmet after the pass has been released:
   A: Illegal personal contact has occurred which is penalized as roughing the passer—this will result in a 15 yard penalty and repeat the down
   B: Illegal personal contact has occurred which is penalized as roughing the passer—this will result in a 15 yard penalty and an automatic first down
   C: 5 yard illegal contact penalty only

46: During a dead-ball interval, no more than three coaches are permitted in the restricted area directly in front of the team box. When the ball is live
   A: One player and one coach may be in the restricted area directly in front of the team box.
   B: One coach may be in the restricted area directly in front of the team box.
   C: No player or coach may be in the restricted area.
   D: One coach may be in the restricted area directly in front of the team box as long as he remains clear of the wing official.

47: Fourth down and 7 yards to go for A on the B-32 yard line. A25 runs for a 5 yard gain, is pushed out of bounds at the B-27 by B52 who then stands over the fallen A25 and taunts him. A58, a blocker on the play, responds by calling B52 a derogatory name.
   A: Enforce 15 yard penalty on A and 15 yard penalty on B in that order
   B: Enforce half the distance penalty on B and 15 yard penalty on A in that order
   C: Fouls cancel, first down for A
   D: Fouls cancel, first down for B

   A: Double foul and the down is replayed
   B: The fouls offset. It will be First down for team A.
   C: First and 10 for B at B’s 18
   D: First and 10 for A at B’s 18

   Rule 10-2-5b; 5-1-2b

49: K completed a successful field goal from R’s 4. During the play, K is flagged for an illegal formation. The 5 yard penalty is accepted and the ball is placed on R’s 9. K sets up in a scrimmage kick formation with a kicker and holder, but K1 is flagged for a false start. The penalty is accepted and the ball is placed on R’s 14. K again sets up in a scrimmage kick formation with a kicker and holder in place.

   A: Because a field goal is attempted, and not a PAT, the Line Judge/Linesman is under the goal post with the Back Judge, and the Umpire is in his regular position.
   B: The Umpire is under the goal post with the Back Judge when the field goal is attempted from R’s 4, but when the penalties are assessed and the ball is placed at R’s 9 and R’s 14, the Umpire assumes his regular position and the Line Judge/Linesman is under the goal post with the Back Judge.
   C: The Umpire remains under the goal post with the Back Judge when the ball is at R’s 4, R’s 9 and R’s 14.
   D: The Umpire is under the goal post with the Back Judge when the ball is at R’s 4 and R’s 9, but the Line Judge/Linesman assumes his regular position under the goal post when the ball is placed at R’s 14.

   Mechanics

50: Team A advances the ball very close to the line to gain spot. According to “From Whistle to Snap” which is found on the Central Hub under the Football Tab, the covering wing official should:

   A: When the play is over move onto the field and stop at pressure (when they come to the players) and mark the forward progress spot.
   B: Stay on the sideline to mark the spot so that they have the best angle possible for getting the correct location of the ball.
   C: Have the umpire throw him the ball to mark the forward progress spot
   D: The covering wing official will come in all the way to the dead ball spot which could mean passing players. The BJ and R should slide over and monitor the players behind the covering wing official.

   Whistle to Snap